



**SPECIFIC REGULATIONS FOR WRESTLING**

## **INTRODUCTION**

The art of wrestling dates back to ancient times and it has been popular ever since its beginning. It was a noble sport. For centuries in ancient Greece and Rome, honoured, respected, admired and praised people were the followers of this sport.

Wrestling is a sport of which the existence dates back to the origin of civilisation, in 1938 in Mesopotamia, an archaeological expedition found a bronze figurine depicting two wrestlers in temple ruins at Kyafaji, near Bagdad.

At the beginning of the Christian era, wrestling was a sport that was reserved for kings, princes and their guests. Celebration established by the kings included wrestling matches. Many monarchs who prided themselves on their powerful armies, were equally proud of having wrestling champions among their subjects.

The North American Indians made a sport of wrestling long before Christopher Columbus cast off in 1492. The first Spanish settlers wrestled, as well as the English, the Dutch and the French in Canada.

The Olympic Games gave wide impetus to wrestling. But the idea of this sport varies from country to country and according to the culture and the athletic environments. That is why there are so many wrestling styles.

The first CISM wrestling Championship was organised by the Turkish delegation at Istanbul in 1961, the following by Iran in 1962 and the Arab Republic of Egypt in 1963. After an interruption which lasted until 1970, Greece organised a championship in 1971, and then, once again, Turkey in 1972 at Ankara.



## 1. INTERNATIONAL FEDERATION REGULATIONS

- 1.1. The present regulation applies at all CISM wrestling championships. The official language used in these regulations is French. This version prevails in the event of a dispute.

Whenever a case is not stated in the present regulations, then the International Associated Wrestling Federation (FILA) regulations will apply.

- 1.2. World Military Wrestling Championships include Free style and Greco-Roman style.

At least:

- 6 countries for Free Style
  - 6 countries for Greco-Roman style
- must participate in the championship.

## 2. ORGANISATION

- 2.1. As a general rule wrestling championships are organised each year, under the auspices of the Military Sports Council.
- 2.2. A country that has been appointed to organise a world military wrestling championship has to include both styles in the championship.
- 2.3. Military world championships usually take place between the 1st of September and the 15th of December, except in those years when the Olympic Games take place: in this case, the dates are arranged in agreement with the participating countries.

## 3. PARTICIPATION-COMPOSITION OF THE MISSION

### 3.1. WORLD CHAMPIONSHIP

- 3.1.1. The mission of a country that is participating in world military wrestling championships, may be composed of a maximum of 20 people and it must be divided as follows:

groups of 9-14 wrestlers two styles	groups of 6-8 wrestlers two styles	groups of 4-5 wrestlers two styles
1 chief of mission	1 chief of mission	1 chief of mission
1 team captain	1 team captain	1 team captain
2 coaches	2 coaches	2 coaches
2 international referee	1 international referee	1 international referee
14 wrestlers	13 wrestlers	9 wrestlers
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20 maximum	13 maximum	9 maximum

- 3.1.2. No additional members may be part of the delegation without the permission of the sponsoring country.



### **3.2. CONTINENTAL CHAMPIONSHIP**

No stated.

### **3.3. REGIONAL CHAMPIONSHIP**

No stated.

### **3.4. TOURNAMENT**

No stated.

## **4. COMPETITIONS**

### **4.1. WEIGHT CATEGORIES (hopes and seniors 19 years and older)**

- 1.....up to.....55 kg
- 2.....up to.....60 kg
- 3.....up to.....66 kg
- 4.....up to.....74 kg
- 5.....up to.....84 kg
- 6.....up to.....96 kg
- 7.....up to.....120 kg

### **4.2. TEAMS**

Each country is represented either by two teams at full strength or by one or several individuals. Each team consists of seven (7) wrestlers. The names of the competitors are confirmed during the preliminary meeting.

### **4.3. PLACING**

#### **4.3.1. OVERALL INDIVIDUAL PLACING**

Overall team placing according to the international FILA regulations (article 28, 1997 issue).

## **5. CALENDAR OF THE COMPETITIONS**

**5.1.** The minimum duration of the championship is 8 full days.

### **5.2. PROGRAMME**

- 1st day : arrival of the missions.
- 2nd day : preliminary meeting.  
          medical exam and weighing for Greco Roman (all categories).
- 3rd day : preliminary heats  
          Opening Ceremony



- 4th day : preliminary heats and finals  $\frac{3}{4}$  and  $\frac{1}{2}$  in greco roman  
qualifying heats for all weight categories.  
Medical exam and weighing for free style
- 5th day : preliminary heats  
TC Meeting  
study day  
CISM Conference
- 6th day : preliminary heats and final  $\frac{3}{4}$  places and  $\frac{1}{2}$  places  
Closing Ceremony (afternoon) Closing Dinner
- 7th day : cultural day.
- 8th day : departure of missions

The number of competition days depends on the number of participants.

- 5.3.** The dates planned for the opening and closing ceremonies may be changed by the sponsoring country, if necessary.
- 5.4.** The following mandatory meetings:  
- Press conference on CISM  
- Preliminary meeting  
- PTC meeting  
are fixed and organised on the initiative of the organising Chief of Delegation.

## **6. TECHNICAL JURY**

### **6.1. COMPOSITION**

The Technical Jury is composed exclusively of military personal who are particularly skilled in matters pertaining to wrestling.

The chairman is appointed by the sponsoring country.

If the Technical Director that was appointed by CISM, is not chosen by the sponsoring country as chairman, then he is part of the Technical Jury.

Four (4) other members chosen among the missions that are present are appointed during the preliminary meeting.

If there are more than four candidates, then lots will be drawn.

On no account may the members of the Technical Jury also be on the Organisational Committee.

### **6.2. FUNCTIONS**

The Technical Jury:

- checks, before the competition, that the facilities meet the requirements of the CISM and international regulations;



- checks that the wrestlers are matched according to the results of the lots that have been drawn;
- sees to it that the regulations are strictly respected during the matches;
- records the objections. All objections are written down and are signed by the Chief of Mission;
- gives a ruling on all objections except those concerning decisions taken by the judges and the Jury during matches;
- checks and ratifies the results. The Technical Jury hands the sheet, on which all the objections have been written down, to the Official CISM Representative, who in turn, forwards it to the Permanent General Secretariat. The decisions, which the Jury has taken, are written down on the same sheet as the objections.

## **7. TECHNICAL DIRECTOR**

### **7.1. APPOINTMENT**

Whenever the Standing Technical Committee considers it necessary, it will appoint a Technical Director in agreement with the sponsoring country.

### **7.2. FUNCTIONS**

- helping the organising delegation to solve technical problems;
- helping the Official CISM Representative with all technical tasks;
  - \* preliminary meeting
  - \* Jury of Appeal
  - \* giving advice to the Technical Jury etc...
- he may be appointed Chairman of the Technical Jury, at the request of the organising delegation.

## **8. TITLES AND AWARDS**

### **8.1. TITLE OF THE CHAMPIONSHIP**

"X...th World Military Wrestling Championship"(Logo CISM)

### **8.2. PRIZES AND AWARDS**

The medals and awards are necessarily presented by the sponsoring country:

- to the winner of each weight category: the CISM gold medal and the champions certificate;
- to the wrestler who came second in each weight category; the CISM silver medal;
- to the wrestler who came third in each weight category; the CISM bronze medal.

Other possible awards are given on the sponsoring country's initiative (cups, medals, memento)



## **9. ANTI-DOPING CONTROL**

### **9.1** Doping is defined as

- the presence of prohibited substances or its metabolites or markers in an athletes bodily specimen
- the use or the attempted use of a prohibited substance or a prohibited method
- the refusing, or failing without compelling justification to submit to sample collection after notification

### **9.2** Doping, according to this definition, is strictly for bidden in CISM, and especially in Wrestling.

### **9.3** At least at each CISM Military World Wrestling Championship, if possible also at other major events, anti- doping controls will be carried out according to the latest CISM Anti Doping Regulation (Chapter IV, CISM Policy Manual) which is fully in line with the Anti-Doping Code of WADA. Specificities of the FILA Anti Doping Regulation will be considered when necessary.

### **9.4** The operative responsibilities of the anti-doping controls will lie with the Anti-Doping Commission formed for the considered event. The composition and tasks of this commission are defined in the CISM Anti Doping Regulation.

### **9.4** At World Military Wrestling Championships, at least six (6) (three (3) in Free Style + three (3) in Greco-Roman Style) tests will be carried out without considering world records.

### **9.5** The list of prohibited substances and methods used for the anti-doping testing in CISM events will always be the actual WADA list.

## **10.FAIR PLAY**

In order to encourage fair play, a cup will be presented to the athlete who has shown the best sportsmanship.

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**Annexe 1**

**X.....e Championnat du Monde  
Militaire de Lutte  
X.....th World Military Wrestling  
Championship**

**ACCORD DE PRINCIPE  
INFORMAL AGREEMENT**

NATION

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A retourner avant le .....  
*To be returned by*

A : voir adresse donnée par le pays organisateur  
*To : see address given by sponsoring country*

Copie à : Secrétariat Général Permanent  
*Copy to* : rue Jacques Jordaens 26  
1000 BRUXELLES - BELGIQUE

Participation .....

(1)
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Nombre total des participants .....  
*Total number of participants*

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Nombre d'athlètes :  
*Number of athletes :*

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- pour la lutte libre  
*for free style*

- pour la lutte gréco-romaine  
*for greco-roman style*

Date : .....

Note : (1) oui - yes  
non - no


Signature .....



**Annexe 2**

**X.....e Championnat du Monde  
Militaire de Lutte  
X.....th World Military Wrestling  
Championship**

**ACCORD DEFINITIF  
FINAL ENTRY**

NATION

A retourner avant le .....  
*To be returned by*

A : voir adresse donnée par le pays organisateur  
*To : see address given by sponsoring country*

Copie à : Secrétariat Général Permanent  
*Copy to* : rue Jacques Jordaens 26  
1000 BRUXELLES - BELGIQUE

Jour d'arrivée .....  
*Date of arrival*

Lieu d'arrivée .....  
*Place of arrival*

Heure d'arrivée .....  
*Time of arrival*

Moyens de transport .....  
*Means of transport*

Jour de départ .....  
*Date of departure*

Date : .....

Signature .....



Annexe 2 (suite)

**COMPOSITION DE LA MISSION  
COMPOSITION OF THE MISSION**

NATION

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Désignation <i>Position</i>	Grade Rank	Nom et prénom <i>Surname and forename</i>		
Accompagnateurs <i>Staff</i>				
Chef de mission <i>Chief of mission</i>		1.		
Chef d'équipe <i>Team captain</i>		2.		
Entraîneur <i>Coach</i>		3.		
Entraîneur <i>Coach</i>		4.		
Arbitre international <i>International referee</i>		5.		
Arbitre international <i>International referee</i>		6.		
Catégories <i>Categories</i>	Lutte Libre Free Style		Lutte Gréco Romaine Creco Roman Style	
	Nom et prénom <i>Surname and forename</i>	Grade Rank	Nom et prénom <i>Surname and forename</i>	Grade Rank
Jusqu'à 55 kg	7.		14.	
Jusqu'à 60 kg	8.		15.	
Jusqu'à 66 kg	9.		16.	
Jusqu'à 74 kg	10.		17.	
Jusqu'à 84 kg	11.		18.	
Jusqu'à 96 kg	12.		19.	
Jusqu'à 120 kg	13.		20.	